# Ice Etiquette

#### Introduction

The following guidelines are essential for safety and to ensure that all skaters can effectively use their ice time. Remember, you share the ice with others and must be responsible for everyone's safety.

## 1. Courtesy

- Respect Other Skaters: Always be aware of your surroundings and the skaters around you.
- Avoid Collisions: Exercise extra caution when near skaters of differing skill levels.

#### 2. Right of Way Guidelines

- Collision Awareness: The skater who is unaware of a potential collision should yield.
- **Lessons**: Skaters taking lessons may not be fully aware of their surroundings. Stay clear.
- **Programs**: Complicated choreography can hinder awareness. Familiarize yourself with the patterns of others.
- Spins: Maintain distance from skaters who are spinning to avoid collisions.

## 3. Awareness of Jump Locations

• Lutz Corners: Avoid standing, spinning, or teaching in Lutz corners or near the boards, as these are common jump areas.

# 4. Falls and Injuries

- **Getting Up**: If you fall, rise quickly to avoid being a hazard.
- Assisting Others: If someone else falls, do not move them unless necessary. Instead:
  - Have someone guard them to prevent further accidents.
  - Seek help from a qualified adult.

#### **5. Avoid Panic Responses**

• **Skate Smart**: Don't try to outrun faster skaters. Change direction while keeping them in sight.

• **Stay Central**: Skating towards the center is often safer than hiding in corners or at the ends.

## 6. Stay Active

• **Keep Moving**: Refrain from standing still or socializing on the ice. This not only wastes valuable ice time but can also pose a safety hazard.

#### **Additional Guidelines**

- **Politeness**: Always be polite and courteous in your language and behavior with rink staff, coaches, and fellow skaters.
- Respect Property: Do not kick or damage the ice; respect the rink and its property.
- **Check-In**: Sign in and pay at the front desk for freestyle sessions, or check in with the ice monitor for club sessions.
- Clean Up: Please pick up all belongings and trash before leaving the rink.
- **Vigilance**: Be constantly aware of your surroundings and the position of your blades. Watch for other skaters and find your own practice space.
- **Yielding**: Always yield to skaters in a program (with music playing) or in a lesson with a coach.
- **Recording Policy**: Do not record or photograph anyone other than your own skater without express consent from the parent and skater.
- **Ice Entry**: After an ice maintenance session, do not enter the rink until the Zamboni doors are closed.
- **Enjoyment**: Enjoy your skating experience and find joy in the journey of learning!